

The image features a large, stylized number '21' centered on a white background. The number is filled with a landscape photograph of a mountain range with green valleys and brown peaks. A horizontal teal banner is overlaid across the middle of the number. Inside the banner, the words 'Days of Prayer' are written in a white, cursive script font.

# 21 Days of Prayer

*A guide to deepening your connection with God through prayer*

## **21 DAYS OF PRAYER IS FOR YOU!**

If you feel that God has more in store for your life, *21 Days of Prayer* is a powerful way to step into a season of trust and surrender. Prayer isn't a luxury to fit in when it's convenient—it's a lifeline, a daily necessity that connects us to the heart of God. As you commit to seeking Him first, you'll begin to see Him move in ways you never imagined. His presence will start to shape your relationships, your work, your family—every area of your life!

Over the next 21 days, our church will be praying together. We've prepared Scriptures and prayers for each day to make it easy to follow along. If you feel led to pray beyond what we've written, we wholeheartedly encourage you to do so.

When you discover the beauty of daily conversation with God, you'll experience His presence in a life-changing way.

***Let's get started!***

### **PRAYER INSTRUCTIONS: CREATING A LIFESTYLE OF PRAYER**

*"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed."* — Mark 1:35 (NIV)

Prayer is most effective when it becomes a lifestyle—not just something we do occasionally. Let's look at the examples Jesus gave us on how to live with prayer as a priority—not a luxury.

#### ***Have a Certain Time***

Jesus rose early in the morning to pray. Make a daily appointment with God—whether it's in the morning, during lunch, or at night—and be faithful to keep it.

#### ***Have a Certain Place***

Jesus often went to specific places to pray. Having a dedicated space helps minimize distractions and allows you to pray and worship freely.

#### ***Have a Certain Plan***

When Jesus taught His disciples to pray, He gave them a framework—the Lord's Prayer. Your daily prayer ritual might include worship music, reading the Bible, journaling, or simply listening. The structure can vary, but the goal is the same: consistent connection with God.

## PRAYER: DAY 1

### **SCRIPTURE:**

*“Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name.”*  
— Psalm 100:4 (NIV)

### **PRAYER:**

Father God, You are good, and You deserve all my praise and more. Thank You for the many ways You’ve blessed me and for watching over me. (Tell Him specific things you’re thankful for today. Thank Him for something you’ve never thanked Him for before.) I want to experience Your love and presence in a fresh way today. Thank You that Your mercies are new every morning. I praise You for who You are and all You’ve done in my life. In Jesus’ name, amen.

## PRAYER: DAY 2

### **SCRIPTURE:**

*“Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.”*  
— Psalm 139:23–24 (NIV)

### **PRAYER:**

Father God, I ask You to search my heart. If there's anything in me that offends You, please reveal it and help me remove it. Lead me in the path that draws others to You. Help me live a life that honors You and impacts eternity. In Jesus' name, amen.

## PRAYER: DAY 3

### **SCRIPTURE:**

*“He heals the brokenhearted and binds up their wounds.”* — Psalm 147:3 (NIV)

### **PRAYER:**

Father, You see my heart and the pain I carry. Grief has left me feeling empty, lost, and unsure of what comes next. But You are near to the brokenhearted, and You promise to bind up wounds that feel too deep for words. (Talk to God about the specific pain and sadness you are surrendering to Him.) Please comfort me with Your presence and remind me that I don’t grieve alone. I ask for healing—help me to move forward with peace. Renew my strength and fill the places in my heart that feel broken. In Jesus’ name, amen.

## □ PRAYER: DAY 4

### SCRIPTURE:

*“Never will I leave you; never will I forsake you.”*

*— Hebrews 13:5 (NIV)*

### PRAYER:

Father, I find comfort knowing You'll never leave me. No matter what I face, I am not alone—You are by my side. Help me feel Your presence today. When I feel afraid or uncertain, remind me through Your Holy Spirit that You, the Almighty God, are always with me. In Jesus' name, amen.

## □ PRAYER: DAY 5

### SCRIPTURE:

*“... but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint..”*

*— Isaiah 40:31 (NIV)*

### PRAYER:

God, I confess that I'm carrying disappointment. Things didn't go the way I hoped or prayed they would. My heart feels weary from waiting, from wondering why things turned out this way. But even in this, I choose to come to You. (Talk to God about the situations you're laying at His feet.) Help me not to grow bitter, but to believe again. Help me to trust that Your plans are still good, even when I don't understand them. Thank You for being faithful, even in disappointment.

## □ PRAYER: DAY 6

### SCRIPTURE:

*“When pride comes, then comes disgrace, but with humility comes wisdom.”*

*— Proverbs 11:2 (NIV)*

### PRAYER

Father God, I come to You in the Name of Jesus. I know pride only keeps me from You. I put down anything that would cause me to have pride in my heart in dealing with other people. Help me to prioritize others over myself. I ask you God, to remind me daily that true humility is not thinking less of myself, it's thinking of myself less. I humble myself before You and come to You like a child. In Jesus' name, amen.

## □ PRAYER: DAY 7

### **SCRIPTURE:**

*“If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness.”*  
— 1 John 1:9 (NIV)

### **PRAYER:**

Lord Jesus, I confess my sins to You. I repent and turn away from them. I’m sorry for the wrong I’ve done and for the good I failed to do. I lay everything at Your feet—my thoughts, words, actions, and inactions. Thank You for forgiving me and making a way through Jesus. I believe You died for my sins and rose again. I receive Your forgiveness and ask You to cleanse me. Thank You for redeeming me, setting me free, and giving my life purpose. In Jesus’ name, amen.

## □ PRAYER: DAY 8

### **SCRIPTURE:**

*“Don’t do as the wicked do, and don’t follow the path of evildoers.”*  
— Proverbs 4:14 (NLT)

### **PRAYER:**

Lord, we lift up the children and students within our church family to You. Please guide them away from relationships that don’t reflect Your heart or Your ways. Protect them from the influence of anyone who would lead them away from Your truth. Bring new, healthy friendships that help them grow into the people You’ve designed them to be. We also ask that You would remove any loneliness or low self-worth that might tempt them to pursue relationships that aren’t life-giving or God-honoring. Teach them the meaning of true friendship. Shape them to become trustworthy, kind, and Christlike friends to others. May the friendships they form be lasting, strong, and grounded in Your love—and may each one bring You glory. We pray this not only for the kids we know, but for the entire next generation rising up on the Windward side. In Jesus’ name, amen.

## PRAYER: DAY 9

### **SCRIPTURE:**

*“For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.”*  
— Ephesians 6:12 (NIV)

### **PRAYER:**

God, I recognize that my battle isn't with people or circumstances but with the enemy. Help me see and reject the lies I've believed. Help me take every thought captive and make it obedient to Your truth. (Identify any specific lies and replace them with truth.) I declare that Jesus is Lord over my life. No weapon formed against me will prosper. The One who is in me is greater than the one who is in the world. In Jesus' name, amen.

## PRAYER: DAY 10

### **SCRIPTURE:**

*“For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline.”*  
— 2 Timothy 1:7 (NIV)

### **PRAYER:**

Father, thank You for giving me a spirit of power, love, and self-discipline—not fear. When my thoughts spiral, renew my mind and spirit. Let fear be replaced with courage and clarity. I declare that I have a sound mind and that anything not from You must leave in Jesus' name. Amen.

## PRAYER: DAY 11

### **SCRIPTURE:**

*“No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me,” declares the Lord.”*  
— Isaiah 54:17 (NIV)

### **PRAYER:**

Lord, I believe that no weapon formed against me will prosper because I belong to You. Life feels heavy, and at times I feel overwhelmed. (Talk to God about what's weighing on you.) I choose to stand on Your promises and declare that Your protection and vindication are over me. In Jesus' name, amen.

## PRAYER: DAY 12

### **SCRIPTURE:**

*"For if you forgive other people when they sin against you, your heavenly Father will also forgive you. But if you do not forgive others their sins, your Father will not forgive your sins."*  
— Matthew 6:14–15 (NIV)

### **PRAYER:**

Lord, I confess that I haven't forgiven others as I should. I release (name anyone you need to forgive) and choose to walk in the freedom of forgiveness. Help me love like You love. I also choose to forgive myself and accept the new life I have in You. In Jesus' name, amen.

## PRAYER: DAY 13

### **SCRIPTURE:**

*"Praise the Lord, my soul, and forget not all His benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle's."*  
— Psalm 103:2–5 (NIV)

### **PRAYER:**

Father, I come to You believing in Your healing power. (Name the person or yourself who needs healing.) You are Jehovah Rapha—our healer. Thank You, Jesus, for the cross and the resurrection. I stand in faith and declare healing over every sickness and disorder. Nothing is impossible for You! In Jesus' name, amen.

## PRAYER: DAY 14

### **SCRIPTURE:**

*"And we know that in all things God works for the good of those who love Him, who have been called according to His purpose."*  
— Romans 8:28 (NIV)

### **PRAYER:**

God, I trust that You are working all things for my good—even the parts I don't understand. (Share any difficult circumstances with God.) I choose to believe that You have a purpose and that nothing is wasted in Your hands. I surrender to Your will. In Jesus' name, amen.

## □ PRAYER: DAY 15

### SCRIPTURE:

*“Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.”*

— *Philippians 4:6–7 (NIV)*

### PRAYER:

Father, I feel anxious about many things. (Tell God what’s making you anxious.) I give all of it to You and ask for Your peace—the peace that goes beyond understanding. Help me release control and trust You completely. Guard my heart and mind today. In Jesus’ name, amen.

## □ PRAYER: DAY 16

### SCRIPTURE:

*“Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.”*

— *Matthew 11:28–30 (NIV)*

### PRAYER:

Jesus, I’m tired and worn out. (Share with Him where you feel weary.) You invite me to find rest in You. Show me how to let go of striving and receive Your rest, peace, and renewal. Teach me Your rhythms of grace and lead me to still waters. In Jesus’ name, amen.

## □ PRAYER: DAY 17

### SCRIPTURE:

*“For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart.”*

— *Jeremiah 29:11–13 (NIV)*

### PRAYER:

God, Your plans for me are good. I lay down my own plans and surrender to Yours. (List your plans and surrender them to God.) Thank You for promising that when I seek You with all my heart, I will find You. Guide me and lead me. In Jesus’ name, amen.

**For the next 4 days, our prayers will be focused on those who have gone away from attending church. Write down the name(s) of people you will pray for in the next 4 days.**

This week I will invest in and invite to church the following people:

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## PRAYER: DAY 18

### **SCRIPTURE:**

*“He will always give you all you need from day to day if you will make the Kingdom of God your primary concern.”*  
— Luke 12:31 (NIV)

### **PRAYER:**

God, may Your Kingdom be my first priority. I surrender every area of my life to You. (List them out.) I pray for my family, friends, leaders, and those around me to know You deeply. Give them wisdom, clarity, and direction. Use me for Your purposes today. In Jesus’ name, amen.

## PRAYER: DAY 19

### **SCRIPTURE:**

*“Ask the Lord of the harvest, therefore, to send out workers into his harvest field.”*  
— Matthew 9:38 (NIV)

### **PRAYER**

Father, I pray for the lost around me to meet believers who will influence them in a positive way. Lord, let my life shine in such a way that people want to know the God I serve. Allow others to see my genuine love and concern for them in all that I say and do. Let me be Your hands and feet to serve them and let them know just how much You love them. In Jesus’ name, amen.

## □ PRAYER: DAY 20

### SCRIPTURE:

*“The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel that displays the glory of Christ, who is the image of God.”*  
— 2 Corinthians 4:4 (NIV)

### PRAYER:

Lord, I pray for the removal of spiritual blindness. Break the strongholds that prevent people from seeing the truth. Let them clearly see who Jesus is. Let every deception fall away and open their hearts to the light of the gospel. In Jesus’ name, amen.

## □ PRAYER: DAY 21

### SCRIPTURE:

*“But seek first His Kingdom and His righteousness, and all these things will be given to you as well.”*  
— Matthew 6:33 (NIV)

### PRAYER:

Your Word says that when I seek first Your Kingdom and righteousness, You’ll take care of the rest. Today, I put You first. Align my heart with Your priorities. Help me to love others, walk in Your purpose, and share Your Name boldly. I trust that as I keep my eyes on You, You’ll provide peace and joy. In Jesus’ name, amen.

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## CONGRATULATIONS, CHURCH FAMILY!

You did it! Whether this was your first time participating in *21 Days of Prayer* or a return to a cherished tradition, we are so proud of you for seeking God with intention, humility, and faith. Every prayer you lifted, every verse you meditated on, and every quiet moment you spent with God was an act of worship—and heaven rejoices with you!

Even more exciting: the journey doesn’t end here. Make it a habit to continue praying, reading Scripture, and even journaling what God has been doing through your prayers. When you look back, you will be amazed at what God can do from this simple act of faith! To keep growing, check out The Bible Project website or app—it’s full of free, beautifully designed videos, reading plans, and resources to help you understand and engage with the Bible in a deeper way.