



THE AWESOME  
**BLESSINGS & POWER**  
OF  
**PRAISE**



**SMALL GROUP GUIDE**

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# SMALL GROUP TIPS

- 1. START & FINISH ON TIME.** Doing this will show your small group that you value their time.
- 2. BE COMFORTABLE WITH SILENCE.** Uncomfortable silences are bound to happen. It's okay! A long pause during a group discussion can be powerful. A *pause* gives space for quieter people to break into the conversation; silence allows people to figure out exactly what they would like to say.
- 3. CONFIDENTIALITY IS IMPORTANT.** Confidentiality is the key to building trust in relationships. Here are a few mottos to remember to be confidential: "What is said in small group, stays in small group." **Nothing, nobody, never...** "*Share nothing, to nobody, never*" outside of the group.
- 4. MAKE GROUP A PRIORITY.** Communicate in advance when you will be unable to attend by either calling and/or texting your host or responding to the zoom email invitation by accepting or declining. This will help your host to plan accordingly and especially if it is an in person small group gathering.
- 5. LISTEN WITHOUT FIXING AND TEACHING.** People desperately need a safe place to share their thoughts and be real with others. Give people space to talk without trying to fix them, correct their thoughts, or teach. Choose the relationship over the desire to cast judgement or prove your point over theirs, to be "right".
- 6. ENCOURAGE PARTICIPATION.** While not everyone will be ready or willing to help lead or answer questions, participating and reading God's word with others will help build confidence in each member and the group. Encourage all members to read sections and/or scriptures aloud for the group.
- 7. ASK FOR HELP.** The Small Group Ministry is here to help. Email [smallgroups@nhww.org](mailto:smallgroups@nhww.org) to ask any questions, request training or other assistance for your small group.



# THE AWESOME BLESSINGS & POWER OF PRAISE

## TIPS TO A SUCCESSFUL GROUP

- **ENCOURAGE PARTICIPATION.** While not everyone will be ready or willing to help lead or answer questions, participating and reading God's word with others will help build confidence in each member and the group. Encourage all members to read sections and/or scriptures aloud for the group.

## Week 1: Worship in Spirit and Truth

### ICEBREAKER

What is one of your favorite songs or worship songs of all time?

### INTRODUCTION

Here at New Hope Windward we want to equip you with the biblical tools that can help you build a purposeful and Christ centered life. In this series, we will be looking at one of the most powerful tools at your disposal: Praise and Worship. The bible teaches us to "let everything that breathes sing praises to the Lord!" Yet, many of us feel worship is a gift we do not possess and so we let others do the praise, but still expect the blessing. This week, we will start to unpack some of the amazing blessings of praise, reasons we don't praise and different ways to praise that help build our confidence in worship to God.



## READ |

At New Hope Windward, it is not about the religion or being ritualistic in our faith; it is about you having a relationship with Christ and applying what He teaches to make healthy habits for your life. One of the most important spiritual habits we can learn is praise and worship. Here are three elements of praise to help you grow this habit throughout the series.

**Praise is meant for God.** Praise is only for God and to God as an outward expression of our inner thankfulness for who He is, all He has done, is doing and will do. When you praise, your eyes should be fixed on Him and not what others may be thinking about you while you worship.

**Praise is meant to be authentic.** We aren't called to be perfect in our worship but God is looking for us to be open and true in our praise. So, don't fake it. Throw yourself into it, even if you have doubts, be honest in your praise to God and see what He does next.

*... true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him.*  
-John 4:23 (ESV)

**Praise is meant to be passionate.** Didn't get anything out of worship? Was your heart in it? The more you put into your praise, the more you will get out of it. God doesn't want you to be lukewarm (*Revelation 3:16*) in your relationship with Him. He wants you to give all you can to Him, especially in praise and worship.

**Which of these (above in bold) most helps you as you look to grow your habit of praise? Share one thing you can do differently to strengthen this healthy habit.**

## READ | Excuse #1: *I don't feel comfortable expressing my emotions.*

Praising in a public setting can make us uncomfortable as we show our emotions and are vulnerable in front of others. The fact is that God is emotional and in His image, so are we. We can choose to push down our emotions or we can express them.

*"Hallelujah! For our Lord God Almighty reigns. Let us rejoice and be glad and give him glory!"*  
-Revelation 19:6-7 (NIV)

In this verse, the returned and glorified Jesus has defeated Babylon and His victory is being cheered on by a great multitude watching from heaven. When we worship and praise in church, we are cheering on God together as part of *Team Jesus*. While it may feel more natural to cheer on your favorite football team or your child's sports team. The truth is, God is scoring touchdowns every Sunday and that deserves all our praise.

**Do you feel uncomfortable singing in church? What's one thing you can do to express your praise and emotions to God more during praise & worship?**

## **READ | Blessing #1: Praising God Lifts My Spirits.**

We all need a pick-me-up throughout the day or week as we contend with the busyness of modern life. Like drinking coffee or exercising in the morning to energize our body and mind, we must find time each day to energize our spirit. The source of energy for our spirit is God, so when we are feeling low, we need to look high.

*"I lift up my eyes to the mountains—where does my help come from? My help comes from the Lord, the Maker of heaven and earth."* -Psalm 121:1-2 (NIV)

At church we play a song called Be Still, that goes: *"I will choose life, even in darkness, Your truth lights, a beautiful spark in this heart and soul, be still and know, That my fear's gone, here in Your presence."* These lyrics remind us that God will lift our spirits even in darkness or through our fears. Praise takes the focus off of our problems and puts them back onto the one who can help us through any trial; God.

**Does worship lift your mood? Discuss a time that praise helped you to focus on God instead of a fear, darkness or problem in your life?**

## **READ | Blessing #2: Praising God helps me sense His presence.**

God is always with us, He will never forsake us (Deuteronomy 31:6&8). However, and especially in busy seasons, God can feel *"out of sight, out of mind"*. When we are full of our own responsibilities and anxieties, we often forget to leave room to feel God. Praise is a great way we can call on God for more of Him and less of us.

*"The Lord is near to all who call on him, to all who call on him in truth."* -Psalm 145:18 (NIV)

When we don't feel like praising God, that's usually when we need to praise Him most. If the only time you praise God is when you feel like it, the devil makes sure you never feel like it. But, when you do decide to call on God in authentic praise, all of a sudden, you may start to feel his presence and that's because praise and presence go together.

**Discuss a time you praised God and then felt his presence. What is one thing you can you do to remind yourself to call on God in praise, even when you don't want to?**

## **Biblical Ways to Praise & Worship God**

### **READ | Praise #1 Barak: *Kneeling or Bowing***

When we worship God through kneeling or bowing, we are showing respect and reverence for our creator. This form of submission humbles our flesh and acknowledges that God is in control and that we place Him first, above all things.

Come, let us *bow down* in worship, let us *kneel* before the Lord our Maker."

-Psalm 95:6 (NIV)

The book of Judges ends with: "*In those days Israel had no king; all the people did whatever seemed right in their own eyes.*" Kneeling in worship also embraces the truth that Jesus Christ is our king and that as our life leader; His ways are better than ours.

**If you met God in the flesh, would you worship Him in this way? Why or why not? Would you barak if you encountered God's presence in the spirit? Why or why not?**

## **READ | Praise #2 Halel: *Wild Celebration***

This enthusiastic and wholehearted worship of God is similar to when your favorite sports team scores the big goal and you jump for joy, high five the people next to you and let out a loud cheer! When we celebrate God in this way, it is for all to see and hear.

*I will thank you in front of the great assembly. I will praise you before all the people.*

-Psalm 35:18 (NLT)

As Christians we have a lot to celebrate: The forgiveness of our sins, Jesus' victory over death, and the fact that we serve a God who wants a relationship with us so much that He sacrificed His only son. Any of these are cause for hallel on any given Sunday.

**Are you proud to be a Christian? Why or why not? Have you ever been so overcome with joy that you raised your hands in praise or cheered out loud for God publicly?**

## **WHAT WILL YOU DO?**

Next week, we will share one more excuse, two more blessings, and three more forms of praise. This week, exercise your praise and worship muscles each day by throwing yourself into wholehearted worship. Express your emotions. Make time to practice and try **barak** and **halel** praise to God ( Ex. At church, Home, Car etc.).

- Read additional scriptures and feed your mind, heart and soul with God's word. We have provided SCRIPTURES on the next page for you to do your daily devotions.

## **CLOSE IN PRAYER:**

Lord Jesus, thank you for giving me so much to praise. Keep my eyes fixed on you as you lift my spirits and make your presence known and clear to me. Help me to get in touch with my emotions to worship you authentically and passionately, whether it is on my knees or over the top in celebration. You are worthy of all my praise, so lead me and teach me how to worship and praise you all the days of my life, in Jesus' name, amen.



## Make Time to be in God's WORD

Reading God's Word daily re-patterns the way you think & transforms your mind. Doing your daily devotions is an excellent way to record, process, & share what God is teaching you on a personal level. We do this using S.O.A.P.

**S - Scripture**

**O - Observation**

**A - Application**

**P - Prayer**

### Here's an example:

**S:** *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.' "*

*--Matthew 4:4 (NIV)*

**O:** Jesus said that we can't live on food alone. Our life is sustained through His Word.

**A:** Just as food is important to me, God's Word is even more because it will sustain me and give me the strength to live out my life.

**P:** Jesus, thank You for reminding me that I need Your Word to give me the wisdom & strength to follow You. Help me to make time to spend with You daily. In Jesus' name I pray, amen.

## SCRIPTURES FOR S.O.A.P.

### **Day 1:**

***Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit, speaking to one another with psalms, hymns, and songs from the Spirit. Sing and make music from your heart to the Lord,***

***--Ephesians 5:18-19 (NIV)***

### **Day 2:**

***What am I to do? I will pray with my spirit, but I will pray with my mind also; I will sing praise with my spirit, but I will sing with my mind also.***

***--1 Corinthians 14:15 (ESV)***

### **Day 3:**

***Christ's message in all its richness must live in your hearts. Teach and instruct one another with all wisdom. Sing psalms, hymns, and sacred songs; sing to God with thanksgiving in your hearts.***

***--Colossians 3:16 (GNT)***

### **Day 4:**

***"Ascribe to the Lord the glory due his name; worship the Lord in the splendor of his holiness."***

***--Psalm 29:2 (NIV)***

### **Day 5:**

***Since we are receiving a Kingdom that is unshakable, let us be thankful and please God by worshiping him with holy fear and awe.***

***--Hebrews 12:28 (NLT)***





# THE AWESOME BLESSINGS & POWER OF PRAISE

## TIPS TO A SUCCESSFUL GROUP

- **LISTEN WITHOUT FIXING AND TEACHING.** People desperately need a safe place to share their thoughts and be real with others. Give people space to talk without trying to fix them, correct their thoughts or teach. Choose the relationship over the desire to cast judgement or prove your point over theirs, to be "right".

## Week 2: Magnify God by Praise

### ICEBREAKER

What is the largest worship group you have ever attended? (Ex. Concert, conference etc.)

### INTRODUCTION

This series is all about building the habit of praising God daily. One key to setting a habit is repetition and accountability. This week, we will briefly go over last week's excuse, blessings & praises, and build on them with more worship wisdom. Just as a good song or symphony builds to a climax, we will continue to grow our understanding & appreciation for praise and all its power. The more we spend time in praise & worship to God, the better people we will become as His plans, purposes and presence are magnified in our life.

## REVIEW | Excuses (Read Aloud)

**1. I don't feel comfortable with my emotions.** God is emotional and so are you. Embrace your emotions in praise to God and find joy as member of Team Jesus.

## READ | Excuse #2: I'm not really a musical person. I can't sing.

The short answer is; **who cares!?** God thinks your voice is perfect, after all, he made you and your voice is a part of you. We are all children of God and as our heavenly father, He just wants to hear our voice, to know we love Him and that we are thinking of Him.

*"I love the Lord, for he heard my voice; he heard my cry for mercy. Because he turned his ear to me, I will call on him as long as I live." -Psalm 116:1-2 (NIV)*

God is moved by what is in your heart when you praise, not by what your voice sounds like. He wants to hear your voice in church. When we call out in praise, no matter what is going on, He will pick up the call and listen.

**How does knowing that God made your voice and just wants to hear it encourage you to praise and call on him more openly?**

## REVIEW | Blessings of Praising God (Read Aloud)

**1. Praising God lifts my spirits.** Praise takes our focus off of the problems around us and puts the focus back on God. Praise and worship energizes our spirit to take on the day.

**2. Praising God helps me sense His presence.** When you call on God through praise, you make room in you to feel his presence because praise and presence go together.

## READ | Blessing #3: Praising God Enlarges My Perception of Him.

In life, you need to get bigger than your problems, you can't let your problems get bigger than you. This means that we can't let our problems grow beyond what we can handle. Lucky for us, we serve a God of greatness beyond our understanding. Who is bigger than any problem, and when we praise Him; it puts our problems in perspective.

*I will praise the name of God with a song; I will magnify him with thanksgiving.  
-Psalm 69:30 (ESV)*

When we focus on our problems, we magnify them to feel big and scary. When we magnify God with praise and thanksgiving, our problems shrink as He grows. He makes what seemed impossible, feel manageable. There is nothing we can't handle with God.

**How can you bring praise to God into your problems to help shrink them? (Ex. planned prayer time at work or home, singing worship music in car or on runs etc.)**

## **READ | Blessing #4: Praising God Reveals God's Answers.**

There will be some things in life that you won't be able to understand on your own, and that's because God wants you to connect with Him. Through our offerings of praise and worship, we invite God to reward us with the answers only He can reveal.

*“Enter his gates with thanksgiving and come into his courtyards with praise.”  
-Psalm 100:4 (NIV)*

Praise and worship brings us closer to God so He can reveal to us answers that help in our problems and allow us to better understand His plans and purposes for our life.

**What is something you are waiting on God to answer or reveal? How can you use praise and worship to get closer to God when asking and inviting His answers?**

## **REVIEW | Biblical Ways to Praise & Worship God (Read Aloud)**

**1. Barak: Kneeling or Bowing.** Lowering ourselves in submission and humbleness before Christ as our risen and living King.

**2. Hallel: Wild Celebration.** Enthusiastic, wholehearted and often over the top expression of our love and devotion to God.

## **READ | Praise #3: Shabach - *Shouting or Yelling***

Worship is an interactive experience, as you participate, you may be moved by the Holy Spirit to shout aloud "Yes God!", "Amen!", "Thank you Jesus!". This triumphant yell is similar to getting overcome with joy at a sports event and shouting out; Cheeeehooooo!

*"Shout aloud and sing for joy, people of Zion, for great is the Holy One of Israel among you."  
-Isaiah 12:6 (NIV)*

**Have you ever cheered for God while praising Him? If not, would you be willing to do so this week to show your honor and praise for Him?**

## **READ | Praise #4 Tehilah - *Spontaneous Praise***

Much like having a catchy song stuck in your head, when God's goodness and glory is on your mind and in your heart, you might find yourself singing or acting out in praise spontaneously. Or, when you had a bad week, so at church you decide not to sing, but when the band gets going and the Holy Spirit fills the place with an atmosphere of worship, you can't help but sing, clap or shout along in praise to God. That's tehilah.

*I will extol the LORD at all times; his praise will always be on my lips. -Psalm 34:1 (NIV)*

Open, genuine and free-flowing praise and worship to God creates a deeper and more personal relationship with Him. When we extol (bless) God in tehilah we invite him to inhabit our praise (*Psalm 22:3*) and be in our presence.

**Have you ever spontaneously sang a worship song to God? If so, how did it make you feel? If not, have you ever felt the presence of God while surrounded by others spontaneously praising and singing to God in church?**

## **READ | Praise #5 Towdah - *Lifting Hands***

Many new believers may see people raising hands in worship and think "*what's that about?*" The good news is, anyone can do it because towdah is just an extension of our thanksgiving to God in praise. Being grateful in praise moves our heart, which in turn moves our body. So don't be afraid to move your body or hands in worship.

*Lift up your hands in the sanctuary and praise the Lord. -Psalm 134:2 (NIV)*

Lifting hands in church is a physical display of our inner gratitude, love, and surrender. So, when you submit to God's greatness in worship, you may find your hands going up.

**Discuss your feelings on raising hands in worship at church? Have you done it? Why or why not?**

## **WHAT WILL YOU DO?**

Next week, we will be finishing up the series and going over the remaining excuse, blessings, and praises. This week, let God hear your voice in praise and worship however you can. Bring your problems, questions and desires to God in prayer, praise and worship in faith that He will reveal the answers. Magnify God and His greatness in your life to shrink your problems and find more peace. Continue to find the courage to practice **barak** and **halel** while you look to incorporate **towdah** (lifting hands) and grow your praise voice with **shaback** (shouting in praise) and **tehliah** (spontaneous praise).

- Read additional scriptures and feed your mind, heart and soul with God's word. We have provided SCRIPTURES on the next page for you to do your daily devotions.

## **CLOSE IN PRAYER:**

Dear Father, what an amazing God you are. Thank you for your power and presence in my life and for giving me the ability to call on you in praise whenever I am in need. I pray you fill my spirit with your goodness and magnify Your greatness in my life to shrink my problems. Search my heart and reveal to me your wisdom and will. Give me the courage to shout, sing and lift hands in thanksgiving praise of your glory. In Jesus' name, amen.



## Make Time to be in God's WORD

Reading God's Word daily re-patterns the way you think & transforms your mind. Doing your daily devotions is an excellent way to record, process, & share what God is teaching you on a personal level. We do this using S.O.A.P.

- S - Scripture**
- O - Observation**
- A - Application**
- P - Prayer**

### Here's an example:

**S:** *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.' "*

*--Matthew 4:4 (NIV)*

**O:** Jesus said that we can't live on food alone. Our life is sustained through His Word.

**A:** Just as food is important to me, God's Word is even more because it will sustain me and give me the strength to live out my life.

**P:** Jesus, thank You for reminding me that I need Your Word to give me the wisdom & strength to follow You. Help me to make time to spend with You daily. In Jesus' name I pray, amen.

## SCRIPTURES FOR S.O.A.P.

### **Day 1:**

***Sing to the Lord, all the earth; proclaim his salvation day after day. Declare his glory among the nations, his marvelous deeds among all peoples."***

***--1 Chronicles 16:23-24 (NIV)***

### **Day 2:**

***He must become greater and greater, and I must become less and less.***

***--John 3:30 (NLT)***

### **Day 3:**

***The heavens are telling of the glory of God; And their expanse is declaring the work of His hands.***

***--Psalm 19:1 (NASB1995)***

### **Day 4:**

***Sing unto the Lord a new song, and his praise from the end of the earth, ye that go down to the sea, and all that is therein; the isles, and the inhabitants thereof.***

***--Isaiah 42:10 (KJV)***

### **Day 5:**

***And they sang in a mighty chorus:***

***"Worthy is the Lamb who was slaughtered to receive power and riches and wisdom and strength and honor and glory and blessing."***

***--Revelation 5:12 (NLT)***





# THE AWESOME BLESSINGS & POWER OF PRAISE

## TIPS TO A SUCCESSFUL GROUP

- **BE COMFORTABLE WITH SILENCE.** Uncomfortable silences are bound to happen. It's okay! A long pause during a group discussion can be powerful. A *pause* gives space for quieter people to break into the conversation; silence allows people to figure out exactly what they would like to say.

## Week 3: Go With God in Praise

### ICEBREAKER

Where is your favorite place to sing? (Ex. In the car, shower, at a karaoke place, etc.)

### INTRODUCTION

Tempo is the speed at which a piece of music is played. When you change the speed of music it can change the emotions and feelings that go along with it. Similarly, the tempo of our life can speed up or slow down depending on the season we are in. The key to a healthy tempo is to stay with God. When you have more on your plate, the more praise you need. This week, we will cover & review all excuses, blessings, and types of praise this series has to offer in the hopes we can apply them and find our tempo with God.

## REVIEW | Excuses (Read Aloud)

**1. I don't feel comfortable with my emotions.** God is emotional and so are you. Embrace your emotions in praise to God and find joy as member of Team Jesus.

**2. I'm not really a musical person. I can't sing.** God gave you your voice because He wants to hear it. Call God through praise to let Him know how much you love Him.

## READ | Excuse #3: I don't know the songs.

Our church has over 30 songs in rotation at any given time and we are always looking for and evaluating new ones. We do not expect you to know every song that our worship team plays on Sunday. That is why we always have lyrics on the screen.

*I give you thanks, O Lord, with my whole heart.... I sing your praise; -Psalm 138:1 (ESV)*

You don't need to know the music or lyrics, you can just read the words on the screen and follow along. The key is to do it with your whole heart, say (or sing) the words of praise in faith that you will receive all the blessings we cover in this series and more.

**Share your experience with saying or singing along with the lyrics on the screen at church. Has it helped you to grow in your praise and worship to God?**

## REVIEW | Blessings of Praising God (Read Aloud)

**1. Praising God lifts my spirits.** Praise takes our focus off of the problems around us and puts the focus back on God. Praise and worship energizes our spirit to take on the day.

**2. Praising God helps me sense His presence.** When you call on God through praise, you make room in you to feel his presence because praise and presence go together.

**3. Praising God enlarges my perception of Him.** When we magnify God with praise and thanksgiving, our problems shrink as He grows. God is bigger than all our problems.

**4. Praising God reveals God's answers.** God wants us to connect with Him through praise to reveal the things that we can only see when we are close to Him.

## READ | Blessing #5 *Praising God Reminds us of His Goodness.*

It has been scientifically proven that gratitude helps to overcome negativity and improve our moods. The same is true when we worship. Praising God helps us to remember his faithfulness, his character, and the ways he has blessed & delivered us in the past.

*"Praise the Lord, for the Lord is good; sing praise to his name, for that is pleasant."*

*-Psalm 135:3 (NIV)*

It is easy to overlook the good and focus on the bad in life. However, that is hard to do when you are singing about the goodness of God. Even on your worst days there is

something that you can praise God for. No matter how small it is, when you plant a seed of gratitude in your heart, it shifts things for the positive. Praising God in song & worship waters those seeds, allowing you to feel better and something good to grow in your day.

**What is the first thing that comes to mind when you think of God's goodness? Do you believe that praising God daily for that goodness can help you with life's problems?**

## **READ | Blessing #6 *Praising God Enlists God's Protection.***

God starts fighting your battles when you praise Him in advance. When you thank or praise God *after* He answers a prayer, it is called gratitude. When you thank or praise God *before* He answers a prayer, it is called faith. **Praise increases our faith in God.** The better our relationship with Him becomes, the more we can trust in Him to grant us His blessings, favor and protection from the enemy.

*"The Lord protects and defends me when I trust him. He helps me and he fills me with joy as I praise him."*  
-Psalm 28:7 (NIV)

At church we sing a song called The Blessing with the lyrics: *"May His presence go before you. And behind you, and beside you. All around you, and within you. He is with you, He is with you."* When we have faith that the God of our past, present and future is with us and for us, we can praise His victory now, over every battle He is fighting for us.

**What battles (spiritual, emotional, relational, or physical) are you in or see coming, for which you can praise God now, trusting Him to fight, protect, and see you through?**

## **READ | Blessing #7 *Praising God Frees Me and Opens Doors***

We have all been imprisoned at some point in our life. Whether by circumstances, attitudes, addictions, expectations or emotions, we have all been stuck, chained and enslaved. Praise God we serve the Lord of salvation who sets us free from our chains.

*Then they cried to the Lord in their trouble, and he saved them from their distress. He brought them out of darkness... and broke away their chains."* -Psalm 107:13-16 (NIV)

God wants to save you from something (Ex. bad relationship, addiction, dead-end job, depression, etc.), and lead you into something better. When you feel stuck at a place in life where you can't seem to break through the barriers to success & freedom; praise God for how He will deliver you from that situation, then look for all the doors He opens.

**Share any chains God has broken in your life, or doors He opened to move you into a better situation. Are there any chains you need removed or doors you need opened that you can praise Jesus for delivering you from right now?**

## **REVIEW | Biblical Ways to Praise & Worship God (Read Aloud)**

**1. Barak: Kneeling or Bowing.** Lowering ourselves in submission and humbleness before Christ as our risen and living King.

**2. Halel: Wild Celebration.** Enthusiastic, wholehearted and often over the top expression of our love and devotion to God.

**3. Shabach - Shouting or Yelling.** Shouting out to God in love and devotion.

**4. Tehilah - Spontaneous Praise.** Unscripted singing, clapping and dancing for God.

**5. Towdah - Lifting Hands.** Moving our body and hands as an extension of our thanksgiving to God.

## **READ | Praise #6: Yadah: Publicly Declaring**

A form of evangelistic worship, yadah is when we publicly acknowledge His greatness and our dependence on Him. This testimony in praise can serve as our witness to the glory of God and bring more believers and disciples to Christ.

*With all my heart I praise you, LORD. In the presence of angels I sing your praises.  
-Psalm 138:1 (CEV)*

**Are you willing to publicly declare your love for and dependence on God in praise?**

## **READ | Praise #7: Zamar: Making Music**

This is the praise your worship team puts on for your enjoyment each Sunday. God is honored by the playing of music as it invites others in to share in the praise and glory, making it one of the most effective forms of worship we can use for Kingdom building.

*...praise the LORD and make music to your name, O Most High. -Psalm 92:1 (NIV)*

**What are some benefits you have experienced through Christian music worship?**

## **WHAT WILL YOU DO?**

This week, praise God every day, in every way you can, no excuses!

Do the daily devotions for this week; provided on the next page.

## **CLOSE IN PRAYER:**

God, thank you for doing life with me. Give me your supernatural balance, wisdom, victory and freedom over any and all attacks from the enemy. I call on your mighty name and blessings to go before me, behind me and all around me as I praise my way to a more purposeful, peaceful and Christ centered life. Give me the courage to publicly and privately declare your greatness each day through praise. In Jesus' name, amen.



## Make Time to be in God's WORD

Reading God's Word daily re-patterns the way you think & transforms your mind. Doing your daily devotions is an excellent way to record, process, & share what God is teaching you on a personal level. We do this using S.O.A.P.

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**O:** Jesus said that we can't live on food alone. Our life is sustained through His Word.

**A:** Just as food is important to me, God's Word is even more because it will sustain me and give me the strength to live out my life.

**P:** Jesus, thank You for reminding me that I need Your Word to give me the wisdom & strength to follow You. Help me to make time to spend with You daily. In Jesus' name I pray, amen.

## SCRIPTURES FOR S.O.A.P.

### **Day 1:**

**: "The Lord is good to those whose hope is in him, to the one who seeks him."**

**--Lamentations 3:25 (NIV)**

### **Day 2:**

**How great is the goodness you have stored up for those who fear you. You lavish it on those who come to you for protection, blessing them before the watching world.**

**--Psalm 31:19 (NLT)**

### **Day 3:**

**"The Lord is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation, my stronghold."**

**--Psalm 18:2 (NIV)**

### **Day 4:**

**When they had arrived and gathered the church together, they began to report all things that God had done with them and how He had opened a door of faith to the Gentiles.**

**--Acts 14:27 (NASB1995)**

### **Day 5:**

**Delight yourself in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will act.**

**--Psalm 37:4-5 (ESV)**





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