

TALK IT OVER

CHRIST'S MIND IN YOUR HOME

ICEBREAKER (Start Talking)

What's one small thing that improved your home's atmosphere?
(Example: a new routine, a kind phrase, daily prayer, etc.)

INTRODUCTION (Start Thinking)

What Christ pours into us should overflow into our homes. Scripture teaches that encouragement, comfort, and compassion from Him become the foundation for how we treat each other. Real change doesn't begin with others—it begins with me.

READ (Start Sharing)

(Read *Philippians 2:3–4*) God asks us to serve others, even when not acknowledged and even when we do not receive anything in return. *"Do nothing out of selfish ambition"* literally means "think nothing" selfish—God cares about the mindset beneath the motion. **When have you served but felt unseen? What is one simple act of service you could do this week?**

READ (Start Sharing)

(Read *Proverbs 12:18; Proverbs 18:21*) In Hebrew thought, words weren't just sounds—they were seeds. They grow into whatever they announce. Jesus healed with His words... and protected with His silence. **What is one life-giving phrase someone once spoke to you? Which negative phrase(s) do you want to retire?**

READ (Start Sharing)

(Read *James 5:16; Luke 22:49–51*) Peter hurt the high priest's servant, but Jesus healed him—showing that healing usually starts when someone decides to show mercy. In our homes, one person's hurt can spill onto others, causing further hurt and damage. Jesus steps in and says, *"This ends now."* **What apology do you know you need to make? In your experience, how does a sincere apology affect your relationships?**

PRAYER (Start Praying)

Lord, give us Your mindset. Help us serve before reacting, speak life before speaking frustration, and apologize before bitterness takes root. Please give us your heart and mind for others. Fill our homes with compassion, peace, and healing. In Jesus' name, Amen.

READ GOD'S WORD DAILY using S.O.A.P.

Day 1:

Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too.

- ***Philippians 2:3–4 (NLT)***

Day 2:

Some people make cutting remarks, but the words of the wise bring healing.

- ***Proverbs 12:18 (NLT)***

Day 3:

The tongue can bring death or life; those who love to talk will reap the consequences.

- ***Proverbs 18:21 (NLT)***

Day 4:

Confess your sins to each other and pray for each other so that you may be healed. The earnest prayer of a righteous person has great power and produces wonderful results.

- ***James 5:16 (NLT)***

Day 5:

When the other disciples saw what was about to happen, they exclaimed, "Lord, should we fight? We brought the swords!" And one of them struck at the high priest's servant, slashing off his right ear. But Jesus said, "No more of this." And he touched the man's ear and healed him.

- ***Luke 22:49-51 (NLT)***

WHAT WILL YOU DO?

This week, commit to inviting Christ's mind to be your home.

Choose one action step to do this week:

- Serve someone secretly.
- Replace one negative phrase with a blessing.
- Offer one sincere apology to bring healing.

TIPS FOR ONLINE SMALL GROUP

- 1. HOSTING A SMALL GROUP MEETING ON ZOOM.** If you are interested in hosting a small group on zoom through New Hope Windward, let us know. Our small group team will help you get started. Zoom training is available.
- 2. EMAIL INVITE.** Ensure to send out a calendar invite with the meeting details and how to connect to the meeting platform on zoom.
- 3. REMINDER DURING THE WEEK.** Keep everyone in your group connected by sending a reminder during the week of your upcoming small group meeting.
- 4. START ON TIME & STICK TO YOUR TIME SCHEDULE.** For your scheduled meetings, it's recommended to get started within 5 minutes of your scheduled start time. Most small group meetings are held for about 60 minutes.
- 5. ZOOM'S BEST PRACTICE.** Familiarize yourself with the Zoom features on your electronic device. It is helpful for everyone to know where the mute button is located. Ask the attendees to self-mute to avoid environmental noise when someone else is talking & sharing. Doing this will help with the flow of your SG discussion time.
- 6. DOWNLOAD ZOOM APP.** In order to participate in the Online Small Group, download the Zoom App from your iPhone or Android. You may also download the Zoom App from your laptop PC or iPad device. You can also meet on web-based platforms such as "Google Meet".

TIPS FOR IN-PERSON GROUP

- 1. START & FINISH ON TIME.** Doing this will show your small group you value their time.
- 2. BE COMFORTABLE WITH SILENCE.** Uncomfortable silences are bound to happen. It's okay! A long pause during a group discussion can be powerful. A *pause* gives space for quieter people to break into the conversation; silence allows people to figure out exactly what they would like to say.
- 3. CONFIDENTIALITY IS IMPORTANT.** Confidentiality is the key to building trust in relationships. Here are a few mottos to remember to be confidential: "What is said in small group, stays in small group." **Nothing, nobody, never...** "*Share nothing, to nobody, never*" outside of the group.
- 4. MAKE GROUP A PRIORITY.** Communicate in advance when you will be unable to attend by either calling and/or texting your host or responding to the zoom email invitation by accepting or declining. This will help your host to plan accordingly especially if it is an in person small group gathering.
- 5. AVOID TALKING or TEACHING TOO MUCH.** Small groups are designed for everyone to share and grow together.
- 6. ASK FOR HELP.** The Small Group Ministry is here to help. Email smallgroups@nhww.org to ask any questions, request training or other assistance for your Small Group.