



Find Time to READ God's WORD

Reading God's Word daily re-patterns the way you think & transforms your mind. Doing your daily devotions is an excellent way to record, process, & share what God is teaching you on a personal level. We do this using S.O.A.P.

- S - Scripture**
- O - Observation**
- A - Application**
- P - Prayer**

Here's an example:

S: *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.' "*
--Matthew 4:4 (NIV)

O: Jesus said that we can't live on food alone. Our life is sustained through His Word.

A: Just as food is important to me, God's Word is even more because it will sustain me and give me the strength to live out my life.

P: Jesus, thank You for reminding me that I need Your Word to give me the wisdom & strength to follow You. Help me to make time to spend with You daily. In Jesus' name I pray, amen.

SCRIPTURES FOR S.O.A.P.

Day 1:

We are part of the same body. Stop lying and start telling each other the truth.

--Ephesians 4:25 (CEV)

Day 2:

O my people, trust in Him at all times.

Pour out your heart to Him, for God is our refuge.

--Psalm 62:8 (NLT)

Day 3:

Others heard my groans, but no one turned to comfort me. When my enemies heard about my troubles, they were happy to see what you had done. Oh, bring the day you promised...

--Lamentations 1:21 (NLT)

Day 4:

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know Him.

--1 John 3:1 (NIV)

Day 5:

If one person falls, the other can reach out and help. But someone who falls alone is in real trouble. A person standing alone can be attacked and defeated, but two can stand back-to-back and conquer. Three are even better, for a triple-braided cord is not easily broken.

--Ecclesiastes 4:10, 12 (NLT)