



Find Time to READ God's WORD

Reading God's Word daily re-patterns the way you think & transforms your mind. Doing your daily devotions is an excellent way to record, process, & share what God is teaching you on a personal level. We do this using S.O.A.P.

- S** - Scripture
- O** - Observation
- A** - Application
- P** - Prayer

Here's an example:

S: *Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.' "*
--Matthew 4:4 (NIV)

O: Jesus said that we can't live on food alone. Our life is sustained through His Word.

A: Just as food is important to me, God's Word is even more because it will sustain me and give me the strength to live out my life.

P: Jesus, thank You for reminding me that I need Your Word to give me the wisdom & strength to follow You. Help me to make time to spend with You daily. In Jesus' name I pray, amen.

SCRIPTURES FOR S.O.A.P.

Day 1:

Refrain from anger and turn from wrath; do not fret—it leads only to evil.

--Psalm 37:8 (NIV)

Day 2:

Don't sin by letting anger control you. Don't let the sun go down while you are still angry, for anger gives a foothold to the devil.

--Ephesians 4:26-27 (NLT)

Day 3:

Don't be a fool and quickly lose your temper – be sensible and patient.

--Proverbs 29:11 (CEV)

Day 4:

But now you must get rid of all these things: anger, passion, and hateful feelings. No insults or obscene talk must ever come from your lips.

--Colossians 3:8 (GNT)

Day 5:

If another believer sins against you, go privately and point out the offense. If the other person listens and confesses it, you have won that person back.

--Matthew 18:15 (NLT)